

Make New Friends Over A Game



Board Games Session in Steeple Claydon nr Buckingham

A really informal meet up, to make new friends, chat and play games. Join us at Friends in Need (Free) Peer Support group.

If you're experiencing mental health problems, are feeling lonely & isolated and would like to improve your wellbeing please contact us for more information. (For adults 18 and over).

Date: Every Thursday
Time: 16:00 – 17:00pm
Venue: On Enquiry

**For more information about Friends in
Need, please contact Nicole Connors.**
E: nicole.connors@bucksmind.org.uk
Tel: 07376 650129

**Friends
in need**

 **mind**
Buckinghamshire