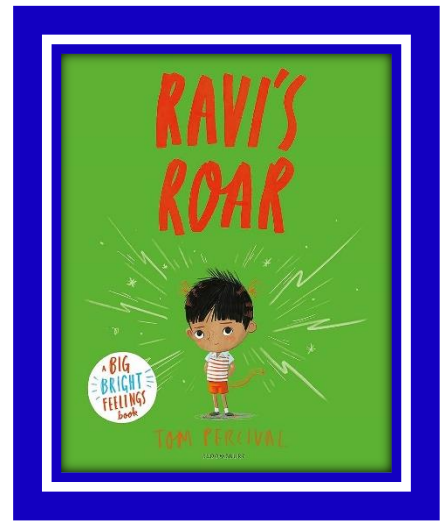


**This activity  
goes with...**



## The Big Question

Is it okay to be angry?

### Talk about it...

#### **Why did Ravi feel angry?**

How can we tell when someone is angry?

#### **Is it fair to scare people if you're angry?**

What could Ravi have done instead of acting like tiger?

#### **Why could the tiger do all the things Ravi couldn't?**

Why did no one want to play with Ravi?

#### **Why do you think Ravi forgot why he was angry?**

Why did Ravi have a growl at the end of the story?

#### **What kinds of things make people angry?**

All emotions happen for a reason. Sometimes, if something feels unfair, we feel angry. It isn't kind to act scary like a tiger every time we get angry. It's important to talk about how we are feeling and what is making us feel that way. People might not realise we are feeling angry and talking can help.



**How do you think Ravi is feeling?**



- Angry
- Sad
- Happy
- Furious
- Frustrated
- Grumpy
- Loved
- Content
- Mad
- Disgusted



**Ravi turns into a tiger when he is angry!**

**What kind of animal might you turn into when you are angry?**