

In a Mental Health Crisis?

Then come to the Bucks Safe Haven



Do you need...

- Listening support
- Signposting
- Safety planning

If you are an adult in crisis please call us first so we can hold a space for you.

Aylesbury Safe Haven

Sunday, Monday, Tuesday, Wednesday
5.30pm to 12 midnight
(call from 6pm, last entry at 11.00pm)

01296 453017

Peach Tree House, The Whiteleaf Centre,
Oxford Health NHS Foundation Trust,
Bierton Road, Aylesbury, HP20 1EG

High Wycombe Safe Haven

Thursday, Friday, Saturday
5.30pm to 12 midnight
(call from 6pm, last entry at 11.00pm)

01494 218098

Buckinghamshire Mind,
260 Desborough Road,
High Wycombe, HP11 2QR