



Employment Support

Bucks Mind's Employment Support service offers free 1:1 sessions for individuals aged 18+, who are eligible to work in the UK and are experiencing a mental health problem.

Sessions will focus on your individual employment plan and goals for the future.

We offer:

- Job search support
- CV help
- Interview skills & practice
- Careers advice
- Cover letter & application form support
- Access to work related courses
- Assistance finding courses to enhance employability skills
- Assistance finding and applying for volunteering roles

Contact:

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 **mind**
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